

CONCUSSION POLICY

Badminton PEI believes that a player's health is of the greatest importance. Even though badminton is a non-contact sport thus lowering the risk of concussions, Badminton PEI recognizes the dangers of concussions and brain injuries, and their long-term effects. This Policy applies to all players, coaches, officials and administrators of Badminton PEI.

Guidelines to Follow for Concussions

1. During all badminton events, competitions, and practices, participants will do their best to:
 - a) Be aware of incidents that may cause a concussion, such as:
 - Falls
 - Accidents
 - Collisions
 - Head trauma
 - b) Be aware of the symptoms that may result from a concussion, such as:
 - Nausea
 - Poor concentration
 - Memory issues
 - Fatigue
 - Sensitivity to light or noise
 - Unusual behavior change
 - Poor appetite
 - Ringing in the ears
 - c) Identify players or other individuals who have been involved in any of the above incidents and/or exhibit any of the above symptoms
2. Players who have been involved in an incident that may cause a concussion and who may exhibit symptoms of a concussion shall be identified and removed from the badminton activity.
3. Following the player being removed from the activity, the player's coach, team trainer or other individual in charge of the player (if the player is a minor) should:
 - a) Call an emergency number (if the situation appears serious)
 - b) Notify the potentially-concussed player's parent or guardian (if the player is a minor) or someone close to the player (if the player is an adult)
 - c) Arrange a ride home for the potentially-concussed player if parents are not in attendance
 - d) Reduce external stimulus around the individual (noise, other people, et cetera)
 - e) Stay with the individual until he or she can be taken home or for medical treatment
 - f) Encourage the consultation of a medical doctor immediately

- g) Once the player's immediate needs have been met, the player and his/her family is to be directed to the CAC Return to Play Procedure (www.coach.ca/files/returntoplayguidelines.pdf)

Requirements to Return to Badminton Activity after Concussions

The CAC Return to Play Protocol will be used by Badminton PEI for any players who suffer from a concussion. This requires the player to consult with, and get written medical clearance from, a doctor before returning to any badminton activity after being concussed.